

JULY 1, 2017 – JUNE 30, 2018

DEAR FRIENDS



It was with great excitement that in September 2017, our Board approved a new five-year strategic plan. Our overarching strategic goals for the next five years include: expanding the number of older adults served and programs offered; broadening DOROT's impact on alleviating social isolation through marketing, education, and

dissemination; and maintaining our pursuit of operational excellence. Below are some of our FY2018 accomplishments in pursuit of these goals.

Sunday and Evening Programming - For many older adults, joyous parts of the week that used to be full of family and friends are now quiet and lonely. To combat isolation during these especially secluded times, DOROT is developing an array of dynamic Sunday and evening on-site programs that meet the interests of older adults. In FY2018, approximately 110 seniors participated in five events, including an on-site tech workshop, two concerts, and two author presentations.

Connect Through Tech - As a part of our strategic plan, DOROT recognized the important role technology can play in assisting seniors to stay connected and engaged. As such, our Educational Services department has been renamed Connect Through Tech. The newly reconfigured department incorporates programs that use technology to increase social connections, including University Without Walls teleconference and online classes, and will be responsible for expanding existing programs and creating innovative new programs. This includes on-site technology workshops and an in-home Technology Coaching program to assist seniors in their homes, which will be developed and piloted in FY2019.

Bar and Bat Mitzvah Initiative - DOROT has always had more families requesting meaningful bar/bat mitzvah community service opportunities than we could accommodate. We have designed a menu of opportunities for individual youth, their families, and youth organizations, and are building partnerships with schools, synagogues, and afterschool programs to pilot these intergenerational interactions. During FY2018, 132 students completed service projects, including baking for our Homelessness Prevention Program, technology tutoring, and intergenerational art programs.

Streamlining Systems - DOROT created a new Resource Specialist

position to enhance DOROT's Information and Referral activities by establishing consistent coverage and streamlining systems. Since having a dedicated person for Information and Referral, social work staff time has been freed up for home visits and other responsibilities. Professionals and caregivers seeking advice find it helpful to have a dedicated person and callback number. The Resource Specialist also researches additional community resources.

Enhancing Evaluation and Impact Measures - In May 2017, DOROT created and began using our Social Isolation, Engagement, and Mattering survey. We are monitoring the extent to which we alleviate social isolation by measuring our clients' social health at the time of home-assessment and again six months later.

LONGSTANDING DOROT PROGRAMS

Since 1976, DOROT has offered a wide range of programs that alleviate social isolation and bring the generations together. Below is summary of recent achievements in ongoing programs for older New Yorkers:

At Home

DOROT's **Friendly Visiting** program improves the lives of older adults through weekly or monthly home visits, during which seniors and volunteers build strong friendships that span the generations. In FY2018, our Friendly Visiting social workers coordinated 518 weekly and monthly matches, which resulted in 22,981 hours of enriching conversation and meaningful activity.

For 33 years, **Kosher Meals for the Homebound** (KMH) has made weekly deliveries of nutritious frozen kosher meals to homebound seniors who are unable to shop or cook for themselves. KMH supports some of DOROT's oldest clients who are particularly frail and struggle with chronic conditions such as cognitive impairment, mobility impairment, and vision loss. In total, we provided 28,412 meals to 178 seniors in FY2018; this includes 1,065 emergency meals, which were delivered to seniors after discharge from the hospital or during a caregiver's absence.

University Without Walls helps alleviate the isolation of homebound seniors by fostering an interactive educational community via telephone and online. Seniors benefit from intellectual stimulation, information on a broad range of relevant topics, access to engaging programming, lively discussions, and opportunities for peer support. We engaged 449 seniors and caregivers in 199 University Without Walls, Russian University Without Walls, and Caregivers' Connections classes.

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DOROT's **Package Delivery** program provided meaningful opportunities for older adults in Manhattan and Westchester to socialize and connect with volunteers who visited them in their homes with packages of seasonal treats.

At DOROT

In FY2018, the **Wellness Program** offered a wide range of health classes and cultural offerings to accommodate older adults, with an average age of 81, who have a range of interests and needs. Popular new offerings included the "Healing Power of Laughter" and a taste and tour of a local greenmarket. The Wellness Program engaged 315 participants in 519 sessions during FY2018, resulting in 5,314 hours of participation.

Clients enjoyed a range of **on-site music programs** in FY2018, including three professional chamber music concerts through "An Afternoon Concert with Friends." We launched our **Sunday and Evening Programs** initiative with a Piatigorsky Foundation concert, which brings renowned musicians to DOROT for a classical music affair that welcomed 50 participants; in addition, three Juilliard students played a one-hour concert one evening in April for 30 attendees. Ninety-three seniors and caregivers joined together to sing standards and show tunes from their earlier years and newer popular songs through our weekly on-site chorus, **Kol DOROT**.

In the Community

For 22 years, DOROT's **Door to Door** program, supported by a compassionate social work team, has enabled frail individuals to travel to medical appointments and shop for groceries and other essentials, accompanied by professional Travel Companions and volunteers. Our Travel Companions assisted 197 seniors with 1,227 medical and other appointments in FY2018.

Lasting Impressions offer older adults the opportunity to record their legacy stories through scrapbooks, memoirs, or other creative means by participating in group programming or working one-on-one with a volunteer. In FY2018, 315 older adults participated in legacy initiatives and/or met with DOROT's trained What Matters team to discuss and complete advance directives.

Seniors who come to DOROT's **Homelessness Prevention Program** (HPP) are New Yorkers who have suffered a short-term crisis such as loss of employment, illness, or a change in family supports such as the death of a spouse. HPP services include transitional housing, meals, assistance finding, applying for, and moving into affordable permanent housing, counseling, and social activities. Unique to DOROT is our Aftercare Program, which maintains close ties with former residents to continue to provide ongoing tangible support to alleviate social isolation and reduce the possibility of a reoccurrence of homelessness. In FY2018, the HPP housed 43 residents, provided 4,988 nights of shelter, served 96 Aftercare clients, and provided 11,167 meals.

For 13 years **DOROT Westchester** has connected isolated seniors at home, by phone, and via the internet to enriching activities that offer peer support and social interaction including Friendly Visiting, Package Delivery, Shabbat Shalom Westchester, and University Without Walls. In FY2018, we served a total of 157 unduplicated seniors in Westchester.

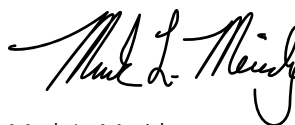
COMMITMENT TO VOLUNTEERISM

For more than four decades, DOROT has recruited volunteers of diverse ages to connect with isolated, homebound, and homeless seniors. With these compassionate volunteers and an experienced and caring staff, DOROT minimizes social isolation and provides services that enable seniors to remain in their homes with safety and independence. We are proud to have engaged 6,784 volunteers – 4,138 adults and 2,646 youth – who dedicated 51,794 hours of service during FY2018.

LOOKING AHEAD

In FY2019, we are excited to continue developing new programs and strengthening existing ones to enhance the lives of older adults, reduce social isolation, and bring the generations together. Our success in these endeavors depends on the unwavering partnership of DOROT's Board, donors, staff, and volunteers.

Sincerely,



Mark L. Meridy
Executive Director

DOROT'S MISSION DOROT alleviates social isolation among the elderly and provides services to help them live independently as valued members of the community. We serve the Jewish and wider community, bringing the generations together in a mutually beneficial partnership of elders, volunteers and professionals. Our work provides an effective model for others.

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EXTRACT FROM AUDITED FINANCIAL STATEMENTS

PUBLIC SUPPORT AND REVENUE

FY2018

July 1, 2017 – June 30, 2018

Private gifts and grants.....	\$ 5,374,742
Bequests and legacies	\$ 1,638,049
Government grants	\$ 62,433
UJA-Federation	\$ 438,332
Special events, net of direct expenses.....	\$ 330,636
Donated goods and services.....	\$ 264,521
Rental	\$ 6,400
Investment revenue, net.....	\$ 658,593
Total Public Support and Revenue	\$ 8,773,706

EXPENSES

Socialization services.....	\$ 2,034,872
Concrete services.....	\$ 2,277,936
Educational services.....	\$ 992,274
Community services	\$ 1,404,146
Management and general services	\$ 798,892
Fundraising	\$ 669,211
Total Expenses.....	\$ 8,177,331
Increase/Decrease in net assets	\$ 596,375

The above information was extracted from DOROT's June 30, 2018 financial statements, which are audited by Baker Tilly Virchow Krause, LLP.

Readers of this statement may obtain a copy of DOROT's audited financial statements from DOROT.



171 West 85th Street • New York, NY 10024
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STATEMENTS OF FINANCIAL POSITION

ASSETS AS OF JUNE 30, 2018

	2018	2017
Current Assets:		
Cash and cash equivalents.....	\$ 928,949	\$ 2,076,628
Investments, at fair value.....	\$19,896,762	\$18,818,940
Pledges and grants receivable.....	\$ 1,443,709	\$ 1,335,725
Accounts receivable.....	\$ 34,276	\$ 8,665
Prepaid expenses and deposits.....	\$ 49,598	\$ 62,003
Total Current Assets	\$22,353,294	\$ 22,301,961
Pledges and Grants Receivable, net of current portion	\$ 900,000	\$ 186,490
Investments Restricted for Permanent Endowment	\$ 1,198,794	\$ 1,198,794
Property and Equipment, net	\$ 2,413,358	\$ 2,645,559
Total Assets	\$26,865,446	\$26,332,804

LIABILITIES AND NET ASSETS

Current Liabilities:

Accounts payable and accrued expenses.....	\$ 166,923	\$ 224,004
Accrued vacation pay.....	\$ 239,656	\$ 234,863
Current portion of charitable gift annuities and trusts.....	\$ 26,971	\$ 29,298
Total Current Liabilities	\$ 433,550	\$ 487,165
Charitable Gift Annuities and Trusts, Long Term.....	\$ 94,793	\$ 104,911
Total Liabilities	\$ 528,343	\$ 592,076

Net Assets:

Unrestricted.....	\$18,169,995	\$ 18,379,943
Unrestricted - board-designated.....	\$ 1,594,463	\$ 1,594,463
Total Unrestricted	\$19,764,458	\$ 19,974,406
Temporarily Restricted	\$ 5,373,851	\$ 4,567,528
Permanently Restricted	\$ 1,198,794	\$ 1,198,794
Total Net Assets	\$ 26,337,103	\$25,740,728
Total Liabilities and Net Assets	\$26,865,446	\$26,332,804

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