

# DOROT, Inc. Annual Report Fiscal Year 2024

July 1, 2023 - June 30, 2024





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### A LETTER FROM MARK MERIDY

### **DOROT's Executive Director**



Dear DOROT Community,

Since 1976, DOROT has been a leader in addressing social isolation and loneliness among older adults by bringing generations together. For 48 years, we've created opportunities for meaningful connection, built a strong and caring community, and helped thousands age with dignity and a sense of belonging.

I am very proud of the work DOROT has done this year to remain at the forefront of the field of aging and volunteer engagement. With an incredibly dedicated and hardworking staff, DOROT offers a wide array of programs and offerings for our constituents. We continue to innovate, and to be there for older adults, volunteers, families, and each other.

What follows is a snapshot of some of our programs, and the impact you helped make possible. Thank you for being part of this journey.

Warmly,

Mark L. Meridy
Executive Director







DOROT is a 4-star accredited charity on Charity Navigator, a winner of the Eisner Prize for Intergenerational Excellence, and has received program distinction from Generations United, among other accolades.



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### Aging Alone Together®

Aging Alone Together® (AAT) is a six-session workshop that supports older adults who, by choice or circumstance, expect to age or make decisions about their future independently. Each cohort of these solo agers is armed with tools, resources, strategies, and support to help them age with dignity.



Program participants who range in age from 60 to over 100-years-old, use the sessions to bond with one another, share experiences, and feel empowered to make decisions about their futures.

AAT engaged over 500 older adults in Zoom and in-person sessions. Additionally, we created supplemental programs to complement the AAT curriculum, that are offered more broadly to the DOROT community. These supplemental offerings include topics such as Palliative Care and Hospice, Medicare Options, and End-of-Life Care, and we engaged an additional 1,200 older adults in our community.



### **GENuine Connections®**

GENuine Connections® is a fully remote online community for older adults and high school students to find connection. They participate in weekly, small group workshops, that foster intergenerational community through meaningful conversations, and diverse activities like creative writing, chess, art, and current events. Older adults and teens both serve as volunteers, sharing their life experiences, benefitting from one another's wisdom, and coming to see each other as assets to be treasured.

Through FY24, GENuine Connections engaged with nearly 450 teens, and over 250 older adults.

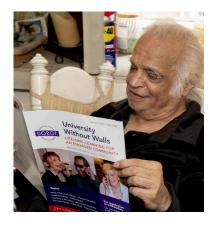


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### **Tech Coaching**

Tech coaching brings older adults and volunteers together to empower late-tech adopters to remain independent and socially connected through technology. Tech coaches are matched for one-on-one sessions, and respond to their older adults' needs and interests. Over 150 tech coaches met with nearly 300 older adults for nearly 1,500 sessions. DOROT also hosted 30 Tech Meet-Ups, where older adults and volunteers met at DOROT to ask questions and get support.



### **University Without Walls**

University Without Walls (UWW) is DOROT's signature teleconference program. UWW provides group programming entirely over the phone. Older adults can call into a lecture and engage in small group classes. DOROT offers Russian University Without Walls, which provides lectures to Russian-speaking immigrants with opportunities to practice their English and build community. In FY24, DOROT engaged 400 older adults in our University Without Walls program.



### **Package Delivery**

DOROT was founded 48 years ago by young adults who wanted to ensure that their older neighbors were not forgotten around the holidays. This initiative flourished into our beloved Package Delivery program. Across five package deliveries a year, one thousand volunteers deliver seasonal and holiday treats, and, most importantly, stay for a visit. These interactions bring comfort and friendship to almost 900 older adults in the community.



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### Friendly Visiting & Caring Calls

DOROT's Friendly Visiting program, offered in Manhattan and Westchester, is recognized by the NYC Department for the Aging and the NYS Office for the Aging as a program model of excellence. Friendly Visiting meticulously matches volunteers with older adults for ongoing visits. In FY24, DOROT social workers supported over 300 matches, 100 of which were newly created friendships.

In addition to matching individuals to meet in person, DOROT matches older adults and volunteers to connect exclusively over the phone. DOROT made nearly 300 Caring Calls matches in 2024.



#### **Kosher Meals at Home**

Kosher Meals at Home (KMH) is one of DOROT's hallmark programs. KMH delivers nutritious, kosher meals to home-based older adults, who for whatever reason are unable to shop and cook for themselves. Many of our participants have vision loss or mobility challenges, and rely on our meals program for their physical and emotional well-being.

Each week, DOROT social workers call participants to take their order, and have a personalized check-in. The same person calls each week to develop a relationship, increasing each person's comfort in sharing information on how they're feeling honestly, and whether they need any additional support. In FY24, KMH delivered nearly 30,000 meals to 200 older adults.





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### **Intergenerational Programs**

There is an epidemic of loneliness and social isolation in the country, with young people and older adults most at risk. DOROT engages teens and young adults in life-enhancing activities that provide participants with fresh viewpoints, reduce ageism, and promote the value and mutual benefits of volunteerism and social connection. DOROT engaged 1,500 teen and young adult volunteers and 1,000 older adult volunteers.

Our Teen Internship Program enables high school students to develop leadership skills and engage in intergenerational programs that support meaningful connections. They participate in games, discussion groups, creative activities, and more throughout the year.



#### **Response Team**

Our dedicated corps of Response Team volunteers are available to fulfill older adults' specific needs. Volunteers might celebrate birthdays, take walks, and run errands with an older adult in need of support or company.

In FY24, 130 of these volunteers supported over 550 older adults throughout the year.



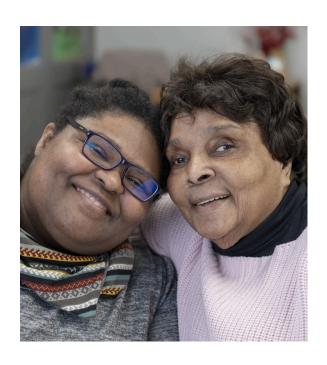


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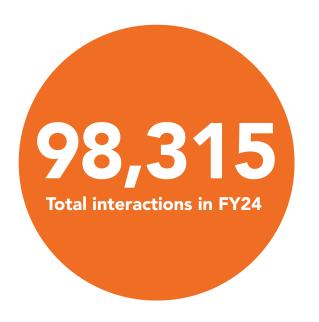
#### **DOROT Westchester**

For the last 20 years, DOROT Westchester has provided DOROT's beloved programming to older adults who live in Westchester County. Westchester residents can receive Friendly Visitors, Package Deliveries, and Telephone Friends, as well as virtual programming through DOROT's flagship office in Manhattan.

DOROT Westchester works closely with community organizations to ensure that older adults hear about DOROT programs from sources they know and trust. In 2024, the program engaged with 550 older adults and 450 volunteers.



# DOROT by the Numbers



7,760 Older adults served

Volunteers

60-108

Participant age range

Staff members

States

Through DOROT's virtual programs (online and telephone) we reached participants in 42 U.S. states, plus Canada, Israel, the U.K., France, and New Zealand

### **Extract from Audited Financial Statements**

PUBLIC SUPPORT AND REVENUE	FY2024
July 1, 2023 – June 30, 2024	
Private gifts and grants  Bequests and legacies  Government grants  UJA-Federation  Special events, net of direct expenses  Donated goods and services  Other income  Investment revenue, net.  Gain from change of lease assumption	\$ 1,470,943 \$ 727,970 \$ 373,552 \$ 914,522 \$ 186,100 \$ 79,160 \$ 2,603,570
Total Public Support and Revenue	
Total Public Support and Revenue	\$ 3,412,633 \$ 1,128,084 \$ 1,722,437 \$ 3,409,004 \$ 1,778,755 \$ 1,325,045

The above information was extracted from DOROT's June 30, 2024 financial statements, which are audited by Baker Tilly Virchow Krause, LLP. Readers of this statement may obtain a copy of DOROT's audited financial statements from DOROT.

### **Statements of Financial Position**

ASSETS AS OF JUNE 30, 2024	2024	2023
Current Assets:		
Cash and cash equivalents	1,371,071	\$ 626,456
Investments, at fair value\$	17,865,753	\$ 17,126,844
Pledges and grants receivable\$		\$ 2,902,012
Accounts receivable		\$ 14,708
Prepaid expenses and deposits\$		\$ 229,738
Total Current Assets\$		\$ 20,899,758
Security Deposits.		\$ 28,000
Pledges and Grants Receivable, net of current portion		\$ 503,276
Investments Restricted for Permanent Endowment		\$ 5,965,372
Rights-of-Use Assets, Operating Leases		\$ 1,325,475
Property and Equipment, net		\$ 1,581,608
Total Current Assets \$	31,488,586	\$ 30,303,489
LIABILITIES AND NET ASSETS		
Current Liabilities:		
Accounts payable and accrued expenses	\$ 297,973	\$ 387,644
Accrued vacation pay	\$ 332,628	\$ 309,891
Deferred revenue	\$ 20,000	—
Current portion of charitable gift annuities and trusts	\$ 14,259	\$ 22,569
Current portion of operating lease liabilities	\$ 30,458	\$ 193,417
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Total Current Liabilities	\$ 695,318	\$ 913,521
Charitable Gift Annuities and Trusts, Long Term	\$ 48,386	\$ 62,545
Operating Lease Liabilities	\$ 154,505	\$ 1,198,700
Total Liabilities	\$ 898,209	\$ 2,174,766
Net Assets:		
Net Assets without Donor Restrictions\$	18,913,977	\$ 17,653,885
Net Assets with Donor Restrictions\$		\$ 10,474,838
Total Net Assets		\$ 28,128,723
Total Liabilities and Net Assets \$		\$ 30,303,489
Total Liabilities and Net Assets	31,400,300	<b>\$ 30,303,469</b>

#### **DOROT FY24 Board of Directors**

#### **EXECUTIVE COMMITTEE**

Ellen R. Marram, President
Elissa Fishman, Treasurer
Josh Targoff, Secretary
Mitchell Berkey, Vice President
Harriet Shaiman, Vice President
Helaine Suval Beckerman, Vice President

#### **DIRECTORS**

Renée Adler Ascher\* Brian Doppelt, Esq. Marian Faytell Elyssa Friedland Judith Fryer Jack Hattem Ethan Horwitz, Esa\* Marcie Imberman Donna Jakubovitz\* Alan Laytner Barbara Matas Zachary Neugut Matthew Novack Andrew Pardo Jennifer Perkins, Esq. Joyce Silberstang, PhD Sara Turken Doris Ullendorff, LMSW Ann Wimpfheimer, PsyD\*

\*president emeritus

# DOROT

DOROT alleviates social isolation among older adults and provides services to help them live independently as valued members of the community. We serve the Jewish and wider community, bringing the generations together in a mutually beneficial partnership of elders, volunteers and professionals. Our work provides an effective model for others.